

Mental Health protocol

Mental health support for post event residents follows CERT training per Disaster psychology unit 5 in the participant training Manuel. (1/2024).

A volunteer will be asked to assist with post event stress/trauma. The most qualified volunteer will be encouraged to help residents to negotiate the post event experience.

All survivors will experience stress after an event. We expect that the emotions and behaviors that our residents express will be variable in intensity and breadth.

Per recent research (FEMA 1/2024), if the immediate needs of an individual are at least marginally met, then the impact of a trauma may be reduced.

Therefore, the supportive measures that our emergency preparedness group has outlined for a community and an individual's basic needs may help decrease the impact of a traumatic event.

More detailed mental health support follows this cover page.