



CMCA Community Meeting and Aging with Grace Update June 21, 10 am - noon

AGENDA

1. Welcome, Introductions and Community Update - Dave Audet
2. Review of Work so Far and Research Reports
 - Adventist resources and services - Terry and Kathy
 - Hospice, palliative care, home health care, death doulas - Mimi
 - Oregon Older Adult Behavioral Health and Tillamook Wellness - Mimi
 - Durable equipment - Bev
 - Local cemeteries and funeral home - Bev and Kathy
 - A Cape Meares green burial cemetery? - Kathy
3. Discussion and Reflections
 - What were your “aha” moments from the presentations?
 - What actions did you take for your personal end of life planning and preparing for death as a result of our educational sessions?
 - How was what you learned through the AwG educational series useful with any losses or challenges you may have experienced in the past six months?
4. Please fill out our survey form
5. Next steps
 - September 20, 10am, **Patient Advocacy Training:** Building skills and capacity to advocate for for self, loved ones, community members with Margo Lalach. We suggest reading Finishing Strong: Putting Your Priorities First at End of Life by Barbara Coombs Lee (2nd edition - 2021) as a good background for this training.