



WINTER 2026/2027 IS JUST AROUND THE CORNER!

CMCA Emergency Preparedness Webpage:
<https://capemeares.org/emergency-preparedness/>



TIPS FOR INCREASING YOUR RESILIENCE

➡ RESIDENTS AND VISITORS ⬅

KEY MESSAGE #1: Personal preparedness is critical, so having an escape route and go-bags are your first lines of defense.

- **Here is some information about planning for emergencies**, from the small (e.g., floods, power outages) to the larger (e.g., wildfire, major winter storms, earthquakes, tsunamis) - <https://capemeares.org/making-a-plan/>
- **Find your emergency assembly area in Cape Meares:**
 1. Navigate to https://www.oregon.gov/dogami/tsuclearinghouse/Pages/pubs-evacbro_BTW.aspx
 2. Scroll down the page and click on “Cape Meares”
 3. Locate the general area where you are living or staying.
 4. Be prepared – take a quick walk to your closest assembly area.
- **Cape Meares has eight neighborhoods. Find yours here:**
<https://capemeares.org/emergency-preparedness/map-your-neighborhood/>
- **How to stock your go-bags** (One for home, one for cars):
<https://capemeares.org/emergency-preparedness/earthquake/#section-l-grab-and-go-bag>
- **Consider buying a GMRS radio so you can talk with others in Cape Meares during an emergency (GMRS 20, Repeater 20).** Here is one radio recommended by the Cape Meares Emergency Volunteer Corps (CMEVC):
 - Amazon.com – (1) “[BTECH GMRS-V2 5W 200 Fully Customizable Channels GMRS Two-way radio](#)” (Style GMRS-V2) (~\$45) and (2) optional but strongly recommended (better reach) - “[Authentic Genuine Nagoya NA-771G 15.3 Inch Whip GMRS \(462MHz\) Antenna SMA-Female for BTECH and BaFeng Radios](#)” (about \$20)
 - Get your GMRS use license here (\$35 FCC Fee, lasts for 10 years, no test). Here is a helpful guide: <https://www.radioranked.com/articles/how-to-get-gmrs-license>
 - Need help programming your radio? Contact Pam R. (pirobe10@gmail.com).

➡ CONTINUED ⬅



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KEY MESSAGE #2: Stay Informed! Number One and Two are especially Important.

(1) Tillamook County Emergency Management

(<https://www.tillamookcounty.gov/emergency-management>)

a. Sign up for alerts here:

<https://member.everbridge.net/453003085611895/login>

b. Or sign up here (enter 97141 for Tillamook County): <https://oralert.gov/>

(2) Tillamook People's Utility District (TPUD) – power outages

a. Sign up for alerts here: <https://www.tpud.org/outages/text-and-email-outage-alerts-nixle/>

(3) For those who own homes or property in Cape Meares, sign up for the community's private MeWe Group.

a. Get a MeWe account (desktop or mobile) <https://mewe.com/register/>

b. Download the MeWe app from your device's app store.

c. Once you have an account, search for "Cape Meares" and answer the four questions. Property owners in Cape Meares may join.

d. Another good information source: <https://capemeares.org/>

KEY MESSAGE #3: During a major event, Cape Meares will probably be an "island" (cut off from the external world for an unknown amount of time).

- **Plan for 3-6 months** when stocking food, supplies, sanitation, first aid, pet care, water catchment, etc.
- **Assume that we will not have power or help** from the outside world for 3-6 months.
- **Go-Bags:** Plan for 72 hours/first three days after an emergency/disaster. Have a go-bag in your homes and in all cars.
- **Long-term** – plan on sheltering in your home for longer periods. Start with 72 hours and work up to 3-6 months.